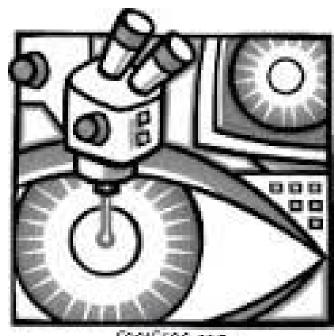
# LASIK Eye Surgery: What to Consider

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# **Table of Contents**

**Chapter 1: Is LASIK Right For Me?** 

Chapter 2: What To Think About When Considering LASIK

Cost:

Risks:

WHAT TO LOOK OUT FOR:

**LASIK Surgery and Its Risks** 

This video describes LASIK surgery and its risks and describes how you should be aware of these risks.

Surgeon:

LASIK FAQ's -- Dr. Michael Lawless: Vision Eye Institute Australia
This video answers a few frequently asked questions by patients that are thinking about receiving LASIK.

What to ask your surgeon:

**Chapter 3: Common After-Surgery Effects** 

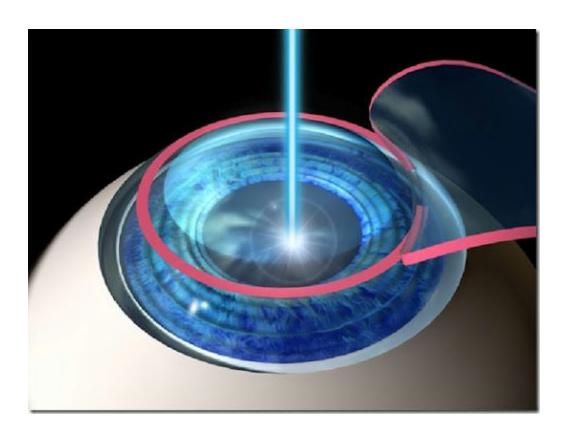
Loss of vision/vision worsening:

LASIK Treatment, Operation and Recovery Process

Dry eye:

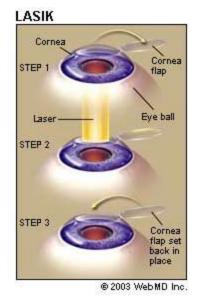
Overcorrection & Undercorrection:

Chapter 4: Aftercare/Healing Process



## Chapter 1: Is LASIK Right For Me?

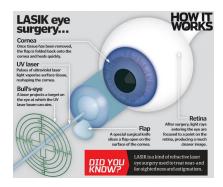
Many people with glasses or contact lenses have probably wondered about LASIK once or twice. Is it worth it? Should I do it? Is it expensive? Will I get the results I want? There are no sure answers to all of these questions, but you can follow some simple steps to be sure to get the results you want.

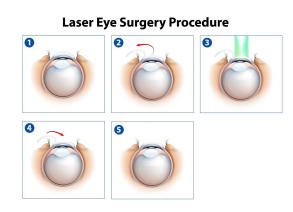


After LASIK, your prescription may go back to what it was before or continue changing if your prescription was still changing when you received the surgery. Those with dry eyes should not receive LASIK.

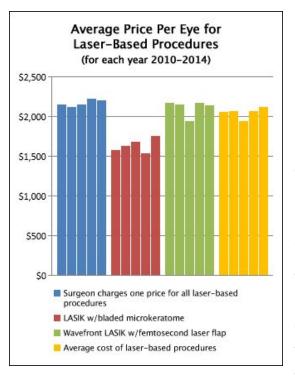
Make sure to tell your doctor all of your eye problems, medical history, and issues you have with your eyes. They may influence the outcome of your surgery. There are times when you may have to miss work or school for a few weeks after LASIK. Make sure you ask your doctor if that will pertain to you.

At this time, LASIK is not covered by most vision or medical insurance policies. Payment options are available and vary from clinic to clinic.





# Chapter 2: What To Think About When Considering LASIK



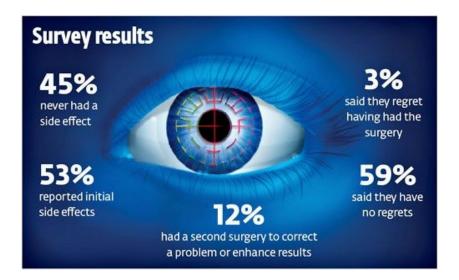
#### Cost:

- Cost can be a factor; price range differs with every surgeon. Different surgeons have different ways of pricing LASIK.
- Some surgeons say they use a single price for everything they do during the LASIK procedure, whereas other surgeons make their price depending on how bad your eyes are.
- Insurance doesn't usually cover LASIK, unless, however, the job you have needs you to have perfect vision. For example, athletes or military fighters.
- Where you live is also a factor of price range as well as if you use custom bladeless LASIK, custom bladed LASIK, or LASIK Bladed. (refer to picture on bottom right for more info)
- Average cost of LASIK: \$2,118 **per eye.**
- Custom Bladeless LASIK: greater chance of receiving 20/20 vision. Average price: \$1,500-\$3,000 per eye.
- Bladed LASIK: average price: \$1,000 to \$2,500 per eye.
- The price stated includes all the pre-surgery and post-surgery care you will need.

Region	One Price Model	Custom Bladeless	Custom Bladed		Custom PRK
West	\$2,444	\$1,972	\$1,628	\$1,521	\$1,850
Mountain	\$2,091	\$2,028	\$1,816	\$1,586	\$1,905
Midwest	\$2,182	\$2,089	\$1,990	\$1,756	\$2,414
South	\$2,156	\$2,228	\$1,906	\$1,631	\$2,120
Northeast	\$2,409	\$2,213	\$2,202	\$1,883	\$2,036
Total	\$2,259	\$2,119	\$1,866	\$1,677	\$2,081

#### Risks:

It is important to be aware of the risks before you schedule your surgery. Most doctors will make these risks very aware to you before they let you decide if this surgery is really what you want.



- Overcorrection
- Undercorrection
- Short term fix
- Vision loss
- Astigmatism
- Glare
- Double vision
- Dry eye

Certain factors will increase the chance of these risks occurring:

- Cataracts
- Herpes in or around the eye area
- Glaucoma
- etc.

#### WHAT TO LOOK OUT FOR:

- Inexperienced doctors
- Overpriced doctors
- Naturally dry eyes
- Bad reviews on surgeons

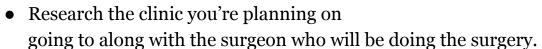


#### **LASIK Surgery and Its Risks**

This video describes LASIK surgery and its risks and describes how you should be aware of these risks.

#### Surgeon:

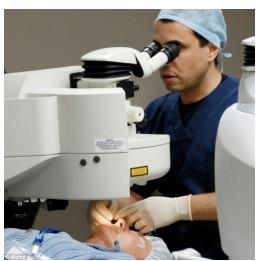
- You must research the surgeon
  - O You want a knowledgeable, good doctor with long experience with this type of surgery
- Ask those who you know who have received LASIK.
  - O Did they like it? Who was their surgeon? Would they recommend them?



- O You don't want an inexperienced, overpriced, or cheap doctor.
- O A cheap doctor will end up being a problem. If you're going for a cheaper doctor, they won't give you the results you want and if you want to fix the damages they've made, you'll have to pay more in the long run.
- Before you schedule a surgery date, ask your doctor numerous questions
  - O Find out what they know, what they think, and how they answer your questions. This is a very important part in making sure you're going to get the best outcome you can get.
  - O Ask around town, school, or work. Find out if anyone else has received LASIK, where they went, and how they liked it.



LASIK FAQ's -- Dr. Michael Lawless: Vision Eye Institute Australia This video answers a few frequently asked questions by patients that are thinking about receiving LASIK.

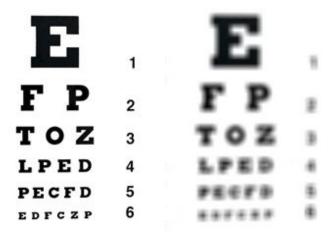


#### What to ask your surgeon:

- What is your experience?
- What happens after surgery?
- Can I talk to a previous LASIK patient?
- If I don't love my results, what can we do to change them?
- Will any of the medications I take affect the procedure?
- What results should I expect?
- Has my eyesight changed in the last year? Will this affect the aftermath?
- Is my lifestyle compatible with LASIK?
- What is your office's cost of LASIK?
- How long have you been an eye surgeon?
- What percent of your patients receive 20/20 vision?
- If an enhancement surgery is needed, what do you charge?
- What should I expect my vision to be like for the first few weeks after surgery?
- Will you require me to go without contact lenses prior to the treatment?
- Will you allow me to observe a surgery?
- Are there any factors that would make me not love my results?
- Will I still need glasses or contact lenses after surgery?
- Can I have surgery on both eyes at the same time?
- How long will the results last?
- How do I prepare for surgery?
- What if I'm pregnant?
- Will my surgery be done with the latest technology?
- Will I have any pain right after?Will I be able to see right after?
- Can I drive, work, or exercise?



### **Chapter 3: Common After-Surgery Effects**



#### Loss of vision/vision worsening:

- Loss of vision after LASIK is extremely rare, but it can happen.
  - O Choose an experienced surgeon!
- Some people say their vision didn't improve after LASIK.
  - O It is not uncommon to take up to 6 months for vision improvement. If vision hasn't improved after a 6 month period, you may require an additional procedure which will be discussed more in detail in chapter 4.

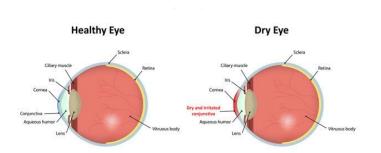
# LASIK Treatment, Operation and Recovery Process

This video describes the positive outcomes of LASIK, what to expect, how the procedure works, after surgery rules, etc.



#### Dry eye:

- After LASIK, a person may have a decrease in their tear production, which develops dry eye.
  - O Dry eyes are common for many after LASIK, which can cause blurred vision and discomfort. 21% of patients experience this.
  - O If previously diagnosed with severely dry eyes, this procedure may be contraindicated.



Above - The Difference between Dry Eyes & Healthy Eyes

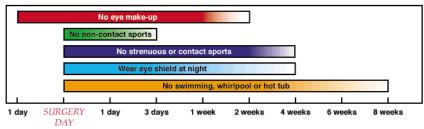
#### **Overcorrection & Undercorrection:**

- Slow healers may experience overcorrection while fast healers may experience undercorrection.
  - O These both may be treated by performing another procedure, although eyes with thin corneas may not be able to get a 2nd surgery. In this case contact lenses or glasses may be required to see clearly.



## **Chapter 4: Aftercare/Healing Process**

- Healing begins immediately after your surgery.
- Many people experience fuzzy or blurred vision weeks to months after LASIK.
  - O It's very normal to have blurred vision the first few weeks after LASIK.
  - O If your vision is still blurry months after surgery or worsens, contact your surgeon.
- You will meet back with your surgeon the following morning after LASIK to ensure healing is taking place and test your vision.
  - O Follow-up appointments, depending on your surgeon's recommendations, will range from 1 week, 3 weeks, 3 months, etc.
  - O You'll be prescribed drops or medications to lubricate your eyes.
  - O Your doctor will give you a list of things you can and cannot do after surgery, as avoiding tasks that may get dirt, dust, or water in your eyes the first few days.
- For most people, vision will be stable 6 months after LASIK and the symptoms will be gone.
- A LASIK enhancement procedure may be used to sharpen the vision if the eyesight is not clear after 6 months.
  - O Usually only 5-15% of LASIK patients need LASIK enhancement
  - O There is usually not a charge if a LASIK enhancement surgery is needed.



Good practices to follow before and after surgery